

# **Comenius – school exchange**

## **Germany – France – Finland**

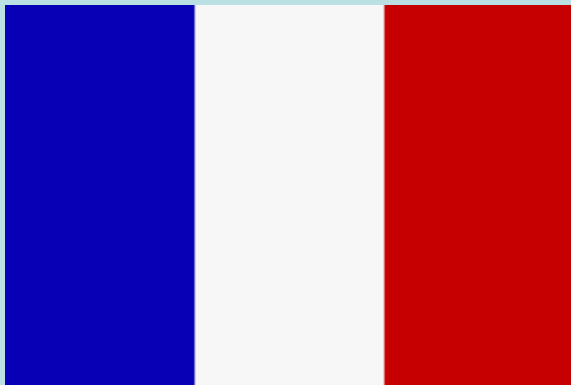
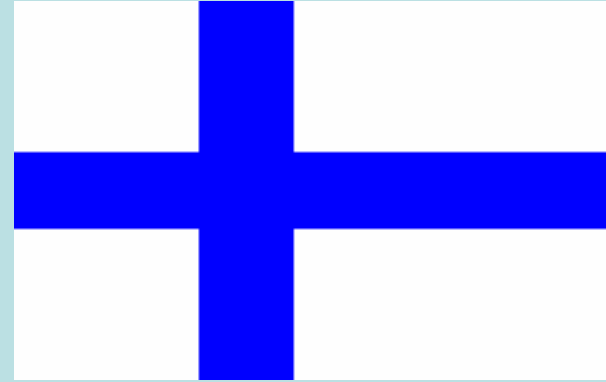


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# The integrated schools

- School „Sammon Keskuslukio“,  
Tampere (Finland)



- Lycée „Albert Schweitzer“,  
Mulhouse (France)

- Sportgymnasium Chemnitz  
(Germany)



The image shows the national flag of Finland, which consists of a white field with a blue Scandinavian cross. The cross is composed of a vertical bar and a horizontal bar that intersect in the center. The word "FINLAND" is written in white, serif, uppercase letters across the center of the horizontal bar of the cross. The flag is set against a light blue background that has thin horizontal stripes at the top and bottom.

FINLAND

# Upper Secondary School Sammon Keskuslukio

- very modern, built in 2005
- in the heart of Tampere
- around the school, there are many sport fields
- modern and excellently equipped laboratories and classrooms
- large number of subjects and foreign language courses, e.g. Russian and Italian
- two different curriculums: one for the general education and one for the deepened sporting education



The image shows the flag of France, which consists of three vertical stripes of blue, white, and red. The word "FRANCE" is written in black, serif, all-caps font across the white stripe.

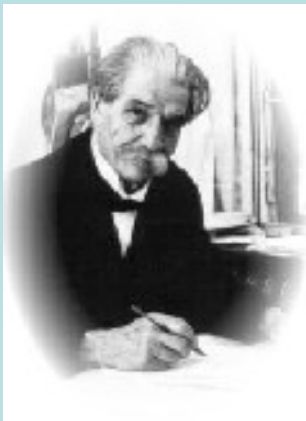
FRANCE

~ France ~

# Albert Schweitzer High School



Our school is situated in Mulhouse, in Alsace and hosts 989 pupils (1431 pupils if we count the classes “postbac”). There is a boarding school, a canteen and a library like in most schools ; however, its special feature is that we can choose between a few options. For example, the LAS is the only high school in the south of Alsace, our department, which offers the options arts and music.



Albert Schweitzer (1875 – 1965) was a pastor, a philosopher and a doctor who lived for many years in Africa and built an hospital. He was very committed with humanitarian's cause.

# ~ Options ~



Arts



Music



Sports

- ▶ Volleyball
- ▶ Soccer
- ▶ Handball
- ▶ Judo, etc ...



Languages

- ▶ English
- ▶ German
- ▶ Spanish
- ▶ Others: Latin, Italian, Arab, Russian

In our school we can take part in many activities and there are special events according to the pupils' options.

For example the artists wear clothes they have drawn in a fashion show called "Textile Parade"; the sportsmen and sportswomen always win the Volleyball tournament.

The musicians have a concert two or three times a year. There is also a theatre group who prepares a play during the schoolyear.

Lastly the High School organizes a lot of trips; the artists go to Paris, the scientists go to Châtel and Italian to Milan, etc...



GERMANY



# High School of Sports Chemnitz



- principal:

Mr. Kamprad

- second principal:

Mr. Kahlmann

## Facts

- new and modern school building
- includes about more than 350 students and 60 teachers
- offers a good balance between school and training
- short distances between school and sport facilities



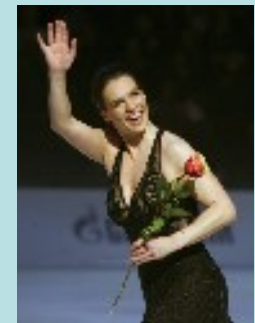
- elite school of sports and elite school of football since December 2007

## Well-known students of our school

- Michael Ballack  
(national football-  
player)



- Katarina Witt  
(figure skater)



- Lars Riedel  
(discus thrower)



# Welcome to Chemnitz





# **Sport is the most important business at our school**

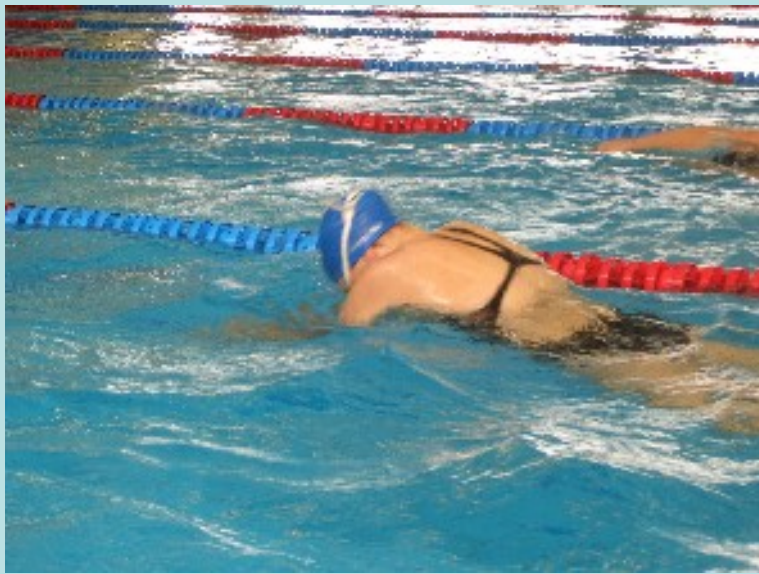
## **- basketball -**



# - judo -







**- swimming -**



# First meeting and exchange of information





# Guided tour through the „SPORTFORUM“









# Party and disco on Monday evening



## **Daily report - Monday, 7th September 2009**

We woke up, first we took a shower and then we took a German breakfast which is different than what we use to eat in the morning! Indeed we saw all sorts of meals = meat, cheese, jam, muesli, ... and like in France: bread, butter, marmalade, fruits and juices.

After that we went to the conference room to listen to the speech of the headmaster and his colleagues. We were also divided in many groups to start our first English lesson. We sat at different tables where there were all three countries represented: France, Finland and Germany. We talked to each other and we tried to understand what some pupils told us. Then it was time for training.

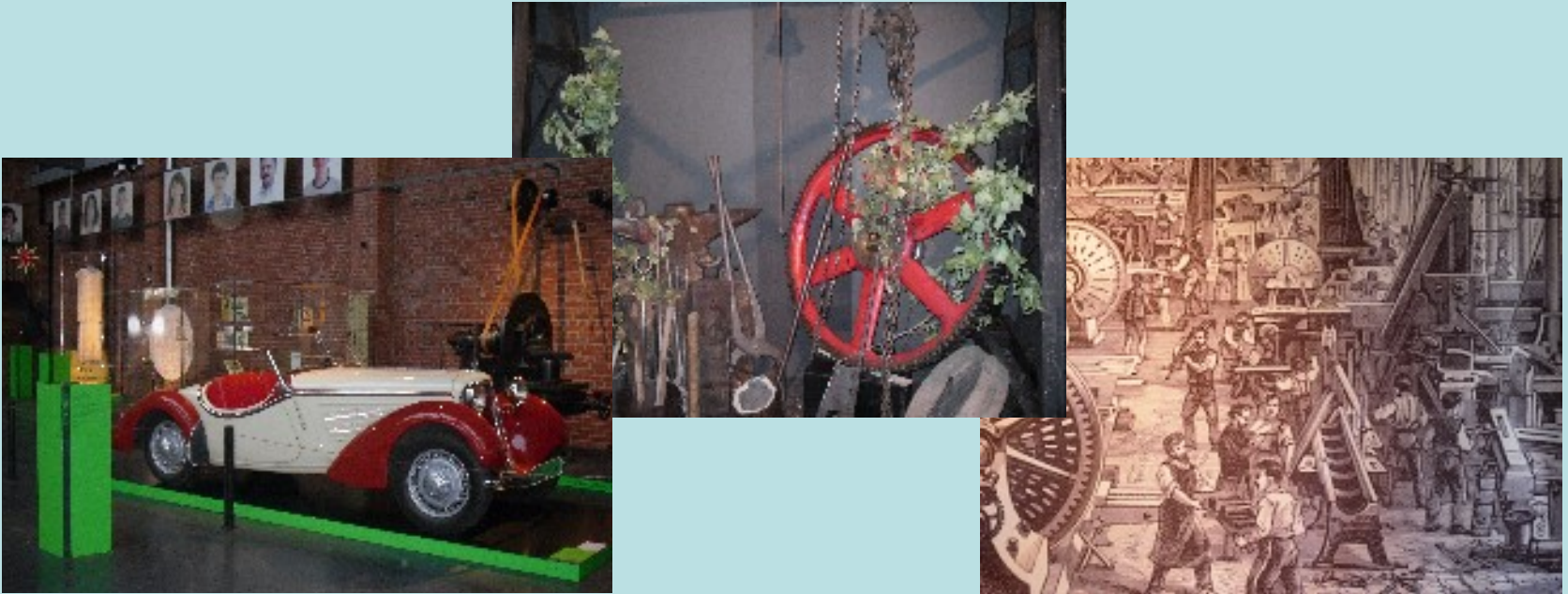
As journalists we played our role and took photos and videos, too. We saw the swimmer, who were swimming with energy, the basketball-players who were shooting in the basket.

The judokas couldn't practice this morning, they were doing bodybuilding.

After about two hours training it was time for lunch. We could choose between a few meals: pasta, turkey and rice, fish, mashed potatoes and red cabbage. Then we had an introduction into project work to explain how the partnership will be organized between the 3 countries and the 3 schools. After that we visited the sports facilities and we discovered that there are a lot of sports we can do here! Gymnastics, judo, basketball, boxing, ... The training lasted again until 6 o'clock pm.

Then there was a funny music representation with German pupils who sang, played the guitar & flute. Out in the fresh air we took the dinner: salad and pasta. At the end of the day, a great party took place in the conference room. The music was modern, it was really a very nice evening.

# Museum of Regional Industry



First, it was very interesting and we learned a lot about German contemporary times. It's true that we are not used to visit such kind of building but we appreciated the atmosphere and the old furniture which were very well conserved. The demonstrations were extremely impressive; it's hard to imagine how people could have made these machines. Lastly, we really liked the cars and motorbikes.



# Pictures from the museum of Regional Industrie



## **Daily report - Tuesday, 8th September 2009**

Chemnitz is a nice place. So far we have had hard training sessions, but also a good time under the sun of Germany.

Food has been great and it's good to have different kinds of alternatives. Sometimes it was funny to order the food when the menu was written in German, staff speaks only German and the only thing that we can order in German is Jägerschnitzel which is a little bit salty. It's always funny to see what you get. In Finland you have only one option (food is free though). Otherwise the dining at school has been pretty much the same as in Finland.

But it wasn't only about sports in Chemnitz. We also had a lovely trip to the local industry museum and to the city centre. People in Chemnitz and Saxons in general seem to be very proud of the local culture and especially the industry part of it. Unfortunately, everything was explained only in German.

Impressions of training: Generally it seems that training sessions here are a bit different than in Finland. Here we had pretty much only basic training and not so much technique practises. The sessions were hard though, in swimming at least. It's very nice to practice in a swimming hall that has been fully reserved for athletes only. Other coaches have also had a positive influence on our training.

# Visiting Dresden - the Capital of Saxony









## On boat from Dresden to Pillnitz





**A sight-seeing tour can really be exhausting for strong athletes ...**

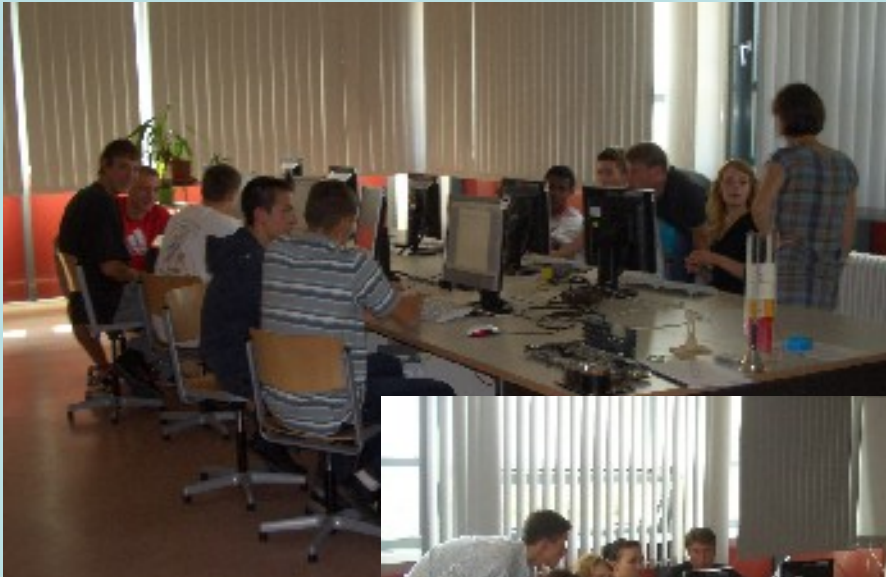


## **Daily report - Wednesday, 9th September 2009**

Today we had to get up earlier because later in the afternoon we would visit the capital of Saxony, Dresden. Our practice session started at 08.30. We had some technique exercises and they were a bit difficult for us because they were so different compared to the Finnish ones. Our headmaster was watching us when we were doing those exercises and said later that it looked terrible ☺.

After the lunch, at 11.30, we started our trip to Dresden by bus. One of the Finnish swimmers, Olli, had birthday and we all sang to him. The bus trip was booooooring ... We all slept. When we arrived in Dresden we had a guided tour. German students were our guides and we got to know about Dresden's history. We heard a lot of interesting stories and legends about Dresden: there lived many strong men who knew how to enjoy life. After the great tour almost all of us ate a bratwurst for the first time and it was delicious. At four o'clock we boarded a river cruiser and went on a two and a half hour cruise on the river Elbe. The weather was HOT especially for Finnish students and adults. Guys took their shirts off and had a sunbath (it was worth seeing it ;)). Adults were sitting on the upper deck enjoying their refreshments. The cruise was relaxing and nice. We arrived in Pillnitz at 6 o'clock pm and had a walk around the garden of the castle. We came back to school at 08.00 o'clock pm and after the dinner the interesting day was over ☹.

# Project work – preparing a dictionary



## the last photo

